



Abbot Beyne School
Everyone a Learner. Everyone Learning.

Student Newsletter

20th December 2024



Key Stage 3 Update



Top Positive Points: 9th - 15th December

Year 7	Year 8	Year 9
1st Eden S	1st Jacob C	1st = Sophie D Faye G Afsa Z
2nd = Rhys R Rohan SI	2nd Matthew W	2nd = Evelyn A Kael E
3rd Olivia G	3rd Jannat MN	3rd = Angel C Kayla F Freya S-D



Well done to all



Happy New Year!



Welcome back and Happy New Year. If you are making any New Year's resolutions, make sure you include these so that you are **Ready to Learn** for 2025:

- Be on time to school and all your lessons.
- Have a charged iPad and a pen.
- Stay in the classroom during lessons.
- Ensure you are wearing the correct uniform.
- Don't use your mobile phone or headphones in the school building and only use them at break and lunch.



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Mental Health

Make 2025 be the year you look after your mental health. Remember you can talk to your Head of Year if you need support with anything or speak with any adult in school who will do their best to help you. There is also lots of support out on the internet:



childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

YOUNGMINDS
fighting for young people's mental health

Key Stage 4 Update

Positive Points Update

Year 10 positive points so far - 32375

Year 11 positive points so far - 24240

Well done



Some top tips to help you improve your mental health

- Do a guided meditation
- Take a walk
- Call a family member or friend
- Have a nap
- Watch your favourite TV show
- Listen to your favourite songs

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Attendance

Attending school on a regular basis is the key to your child doing well at school and will set them up with good habits for later life.

Saturday Club

Year 11 students, please remember Saturday club has started where you can get extra support with coursework or subject specific work.

Toilet visits

Please make sure you go the toilet at break and lunchtime so that you do not have to go during lesson time. Students who arrange to meet up in the toilets during lessons will be sanctioned.

Post 16 Sixth Form at Abbot Beyne School

It can be difficult to cope with everything going on at once in our lives but support is available to you in school or from other services.

Shout – 24/7 text service -

<https://giveusashout.org/>

Young Minds -

<https://www.youngminds.org.uk/young-person/>

The Mix -

<https://www.themix.org.uk/>

Operation Mince Pie

Sixth Form students spread Christmas cheer during their Enrichment sessions this week. Students got involved in a variety of activities including:

- Delivering Christmas cards to the local community
- Festive baking
- Christmas celebrations at Elizabeth Court
- Delivering tea and mince pies to staff



shout
85258
here for you 24/7



Upcoming Events

Tuesday 7th January -
Back to school

7th - 10th January -
BTEC Exams

9th January - Year 12
Assessment Day

9th January - Year 13
Parents' Evening

13th - 17th January -
Year 13 Mock Exams

21st January - Granville
Sixth Form Visit

29th January - Year 12
Parents' Evening



Awards and Recognition

Sixth Form Students of the Week



Communications - Charlotte K-H and Samanta M

Maths - The T and Ella G

Innovation - Katie H

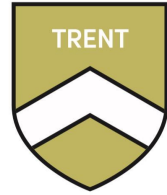
Performance - Jack G and Aleks C

Social Studies - Sam M and Crystal O

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Why go anywhere else?
abbotbynesixthform



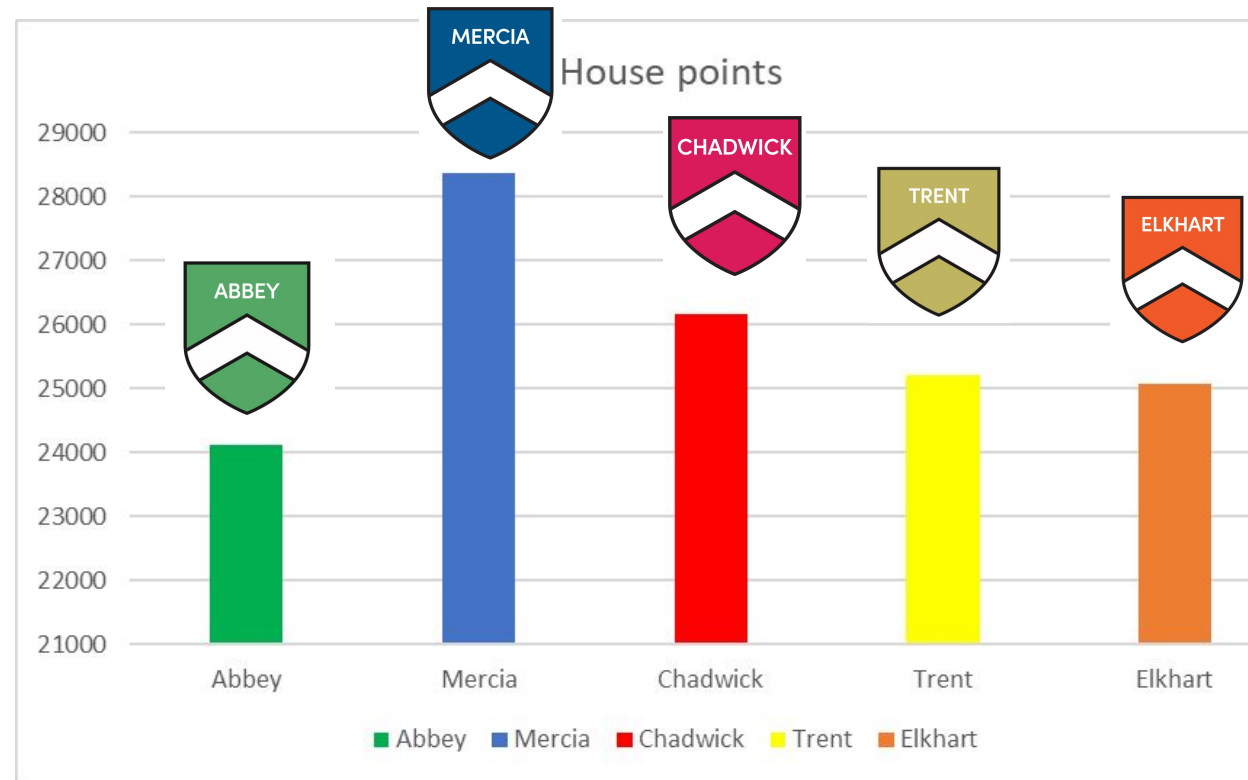
House points



Well done to Mercia who have worked hard this term to take an impressive lead in the house points competition. Keep up the fantastic work.

Remember you can earn house points in a number of ways:

- Effort in classwork or homework
- Attending extra curricular activities
- Showing respect, taking responsibility or demonstrating resilience



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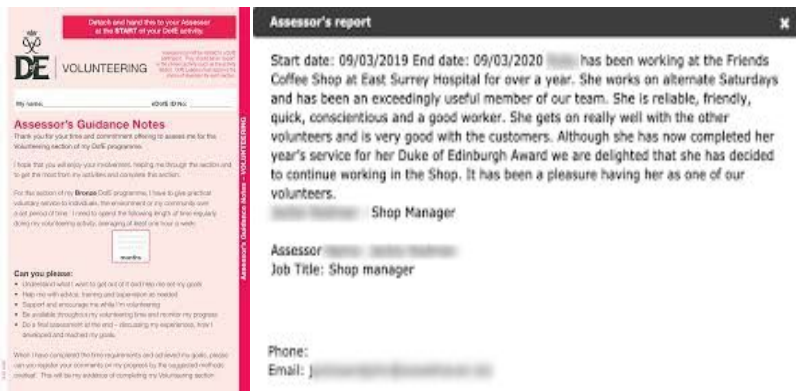
LEADERSHIP

TEAM

The Duke of Edinburgh's Award

Do not forget to keep adding your evidence on to the eDofE site. Without all four sections complete you can not gain the award. The easy part is the expeditions, getting the assessors reports in for your physical, volunteering and skill section are just as important.

You can download the app for your iPad or use the internet to access the site.



Expedition dates-

Bronze Practice walk/ navigation day-
Saturday March 29th 2025

Bronze Practice weekend-
Saturday 12th and Sunday 13th April 2025

Bronze Assessed weekend-
Saturday 14th and Sunday 15th June 2025

Silver Practice weekend-
Friday 11th to Sunday 13th April 2025

Silver Assessed weekend-
Friday 13th to Sunday 15th June 2025



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Bronze Award
Thursday nights 3 - 4pm
(Week 1 only) Evershed Hall

Silver Award
Thursday nights 3 - 4pm
(Week 2 only) L14

Here are some ideas for the physical section. You can do them in school and outside of school but not in your normal lessons

- Football
- Gym
- Hiking
- Swimming
- Dance
- Hockey
- Horse Riding
- Skateboarding
- Rollerblading
- Squash
- Martial Arts
- Boxing
- Netball



Enrichment



The last week of term saw two more Enrichment Trips happen. Miss Smith took a group of Sixth Form scientists to the University of Warwick and Mr Lynch took some Year 9 students to the Peak District for a day walk. The Sixth Formers experienced a high tech science lab and got to see a Spectroscope in action and it was a brilliant opportunity to speak to experts to deepen their understanding of Chemistry.

Mr Lynch took a group of boys from Year 9 to the Peak District to experience the great outdoors, develop navigation techniques and build self-esteem. The group took in the atmospheric Luds Church and the stunning views from The Roaches.



Enrichment Experience:

- To visit universities to learn about higher education

Venue:

- University of Warwick

Students:

- Years 12 and 13

Enrichment Experience:

- To visit art galleries, places of worship and other places of cultural / historical interest.

Venue:

- The Roaches, Peak District

Students:

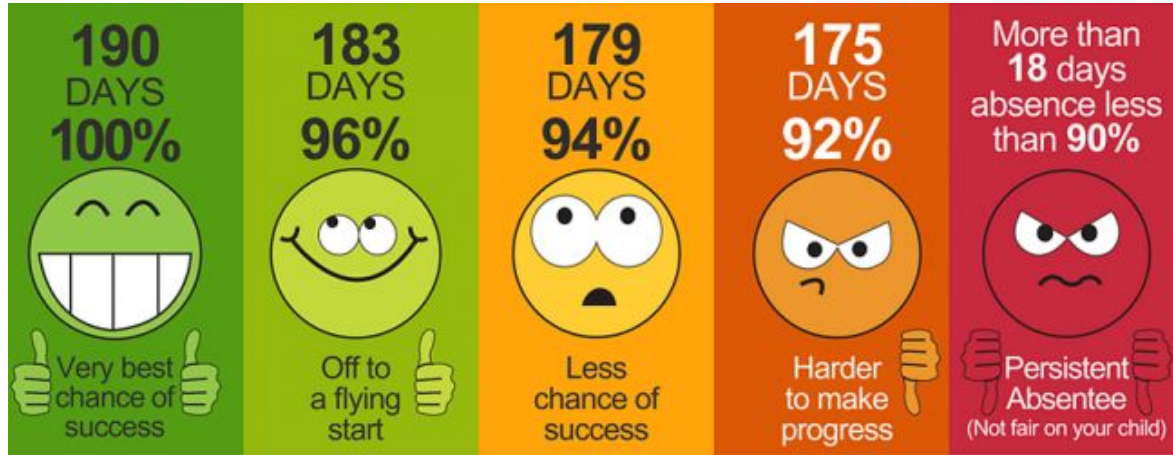
- Year 9



Peak District Walk

University of Warwick

Attendance



**Most Improved
Form
Attendance**

8B

**Best Form
Attendance**

9D

**Most Improved
House
Attendance**

Chadwick

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Unusual Christmas jobs to consider



Reindeer walker

No Santa experience is complete without reindeer. Lots of shopping centres, garden centres, and entertainment venues hire real reindeer to entertain the Christmas crowds – and they need reindeer walkers to exercise, feed, and look after them.



Christmas tree decorator

If you love decorating you could find work as a professional tree decorator. They are needed in shops, businesses, hotels, private homes, and even local councils hire them.

Christmas joke writer

If you're a bit of a comedian and love to come up with new jokes, you could be the person making the nation chuckle and roll their eyes by coming up with new jokes for the Christmas crackers each year.



Gift wrapper

If you never get sick of wrapping gifts and can make even the most simple item look enticing, then your skills will be well in demand around Christmas.



Turkey plucker

Exactly what it sounds like, in this role you'd be preparing turkeys for festive feasts. It is certainly not glamorous, but it is essential. Maybe this is more of a career for the Grinches among us.



Yoga Update - starting in January



YOGA CLASS

EVERY TUESDAY 15:00-16:00 IN THE
LINNELL GYM

EVERY TUESDAY 15:00-16:00 IN THE
LINNELL GYM

BEGINNER-FRIENDLY YOGA CLASS

This Yoga Class is a perfect place for those who want to start learning yoga and want to gain all the benefits Yoga has to offer.

WHAT ARE THE BENEFITS OF YOGA?

Reduces stress and anxiety

Improves balance and coordination

Builds strength and endurance

Boosts mood and energy levels



REGISTER NOW!

For registration and more information, please contact s.kerlo@abbotbeyneschool.co.uk

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