



Abbot Beyne School

Our Ref: JPT/HMH

14th March 2025

Dear Parents and Carers

It is always a funny time of year in a school. Staff and students are all gearing up towards the summer exams and as such there are fewer trips and visits as we ensure everyone is in their respective classrooms as often as they possibly can be. We also receive the names of the students who are joining us in Year 7 next year (welcome to Abbot Beyne School if it is a younger brother or sister) and as such our attention also turns to planning for September.

Today is World Sleep Day. Recently in Form Time we have been looking at the importance of sleep. As students work towards their final exams, the importance of sleep should not be underestimated. We have explained to students that regular routines are much better than trying to catch up on a weekend from not getting enough sleep in the week. With two teenagers at home, I know in my house this message falls on deaf ears but we need to continue to try and push the importance of sleep. This year the theme is "Make Sleep Health a Priority" and we will continue to push this message in school.

We have had a few students recently, particularly at Evershed, wearing black leggings instead of the correct PE Kit. Students do receive sanctions if they come in wearing the incorrect PE Kit and so I ask for your support in ensuring students wear the correct PE Kit for school on the days they have PE.

We are nearly finished with converting our changing rooms at Evershed into a multi gym and before Easter we hope students will have the opportunity to use this equipment.

Still can't believe Liverpool are out of the Champions League (students have enjoyed mentioning this to me this week (and staff)) but happy to settle for the Premier League.

Enjoy the weekend

Mr Jamie Tickle

Headteacher